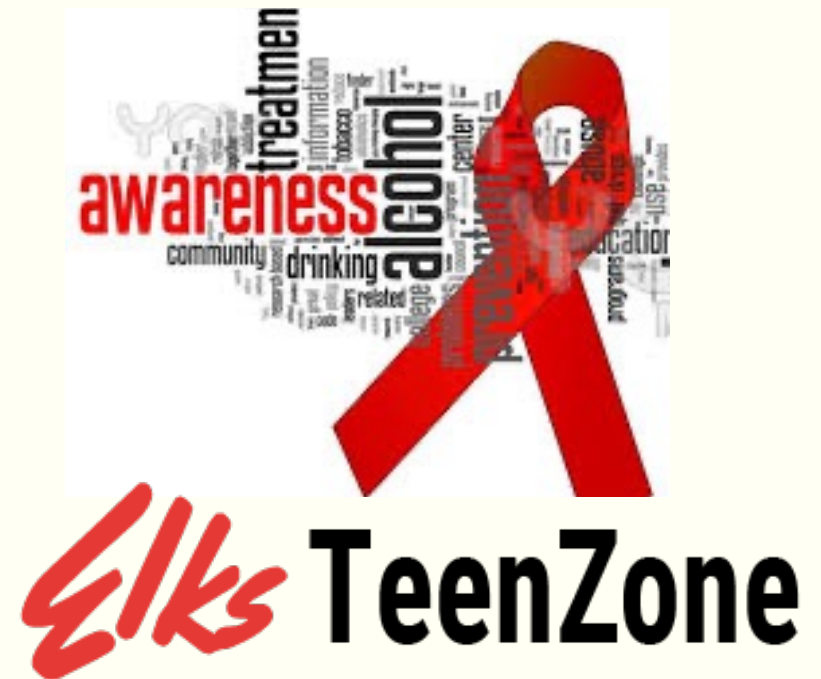


ELKSTEENZONE RESOURCES AND MORE

Presented by: Donna McEntire
Educational Consultant
Wife of John D. McEntire, Jr., PDDGER
CHEA Drug Awareness Program Vice-Chairman



The Elks National Drug Awareness Program

- The largest volunteer drug awareness program in the United States.
- Volunteers are at the National, State, District, and Lodge level.
- Program promotes a healthy and drug-free lifestyle.
- Program takes action against youth drug use through education and inspiration.

The Elks National DAP strives to provide current and accurate information to all children and parents about the dangers of illegal drug use and prevent abuse of legalized and prescription drugs.



ANNOUNCING THE NEWEST
ADDITION TO THE ELKS NATIONAL
DRUG AWARENESS PROGRAM!!



Elks TeenZone



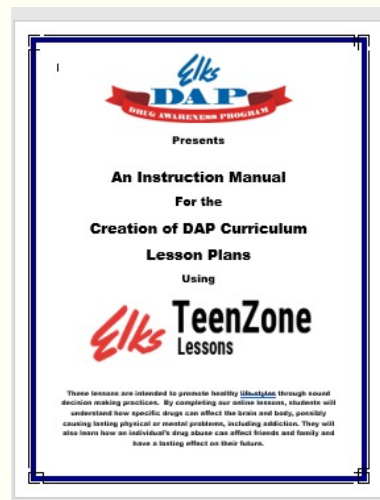
- Information is targeted for use by students in grades five through high school.
- Items on the website
 - Online lesson topics
 - Articles
 - Videos
 - Games and Crossword Puzzles
 - Educational resources

Lesson topics can be used by teachers, guardians, and other adults to create Distance Virtual Learning (DVL) lesson plans.

...AND It is 100% FREE!!

Yes, You Can Create Your Own Online Lessons – Help is Here!!

1. There are video lesson planning instructions on the ElksTeenZone website.
2. There is also a Lesson Planning PowerPoint that you can review with step-by-step instructions on how best to put together your Online Lesson Plan using the resources available on the ElksTeenZone website.
3. There is even a print instruction manual that you can download off the ElksTeenZone website.



Explaining the Process to New Users – Districts, Schools, etc.

As the Elks know, we are all volunteers. Many of us do not have an educational background. One of the most common questions that I am asked when I go out to “sell” the new program.....



Do these materials meet the standards?

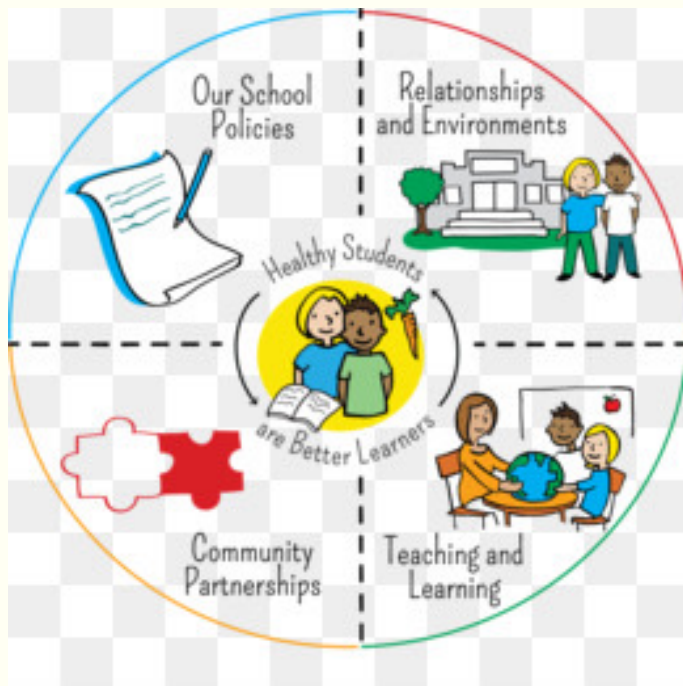
Are the lessons standards- and research based?

Is there a place to choose appropriate materials to support my lesson plan?

The answer is.....YES!!

By the end of this presentation...you will be armed with the information that you need to answer these questions.

Characteristics of an Effective Health and Science Education Curriculum



- The *National Health Education Standards* and *National Science Education Standards* reflect essential knowledge for students to have and essential skills for them to be able to perform.
- Health and Science Education Curriculum
 - clarifies what health and science content is important
 - Explains what students should be able to do as a results of participating in these learning experiences.

School Health and Science Education Programs

- A comprehensive, coordinated program includes many stakeholders:
 - Credentialed elementary and health/science education teachers,
 - Administrators
 - Credentialed school nurses
 - School counselors
 - School Board Members
 - Support Staff
 - Volunteers
 - Families
 - **Community members**
 - **Community Agencies – such as Non-Profits**
- Being a nation-wide community-based organization, the Elks are well-suited to support this need as called for in the various National and State Health Education Standards and Frameworks.



School Health and Science Education Programs

One of the key considerations of any Health/Science Education Program is that the program is standards- and research-based.

Today's health curricula should reflect the growing body of research that emphasizes the following:

1. Teaching functional health information (essential knowledge)
2. Shaping personal values and beliefs that support healthy behaviors
3. Shaping group norms that value a healthy lifestyle.
4. Developing the essential health skills necessary to adopt, practice and maintain health-enhancing behaviors.



Standards are not taught in Isolation

In classroom instruction, teachers explore ways to integrate skills from different curriculum areas.

Teaching health concepts and skills is not always done in isolation. In fact, by integrating these skills in other core curricular areas—i.e. language arts (writing), the learning becomes even more powerful as the students are able to apply the knowledge that they have learned.

Common Core Learning Standards that are conducive to integration:

- English Language Arts – Grades K-5 – Reading Standards and Writing Standards
- English Language Arts Standards – Grades 6-12 – Reading Standards and Writing Standards
- Career Development & Occupational Studies
- The Arts

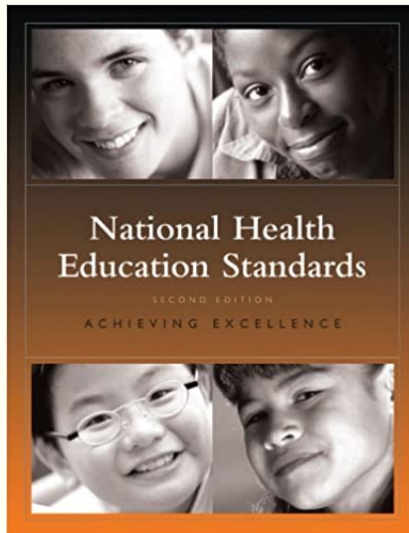
Let's look at examples of the Common Core Learning Standards more in depth.



NATIONAL HEALTH & SCIENCE EDUCATION STANDARDS

National Health Education Standards (NHES)

The NHES are written expectations for what students should know and be able to do by grades 2, 5, 8 and 12 to promote personal, family, and community health.



Standard 1	Students will comprehend concepts related to health promotion and disease prevention to enhance health.
Standard 2	Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.
Standard 3	Students will demonstrate the ability to access valid information products, and services to enhance health.
Standard 4	Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
Standard 5	Students will demonstrate the ability to use decision-making skills to enhance health.
Standard 6	Students will demonstrate the ability to use goal-setting skills to enhance health.
Standard 7	Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
Standard 8	Students will demonstrate the ability to advocate for personal, family, and community health.

National Science Standards (NSES)

Table 6.6 Science in Personal and Social Perspectives is taken from the *National Science Education Standards*. This Standard is appropriate for Drug Awareness Prevention and Education.

TABLE 6. Science in Personal and Social Perspectives		
Levels K-4	Levels 5-8	Levels 9-12
<ul style="list-style-type: none">• Personal health• Characteristics and changes in populations• Types of resources• Changes in environments• Science and technology in local challenges	<ul style="list-style-type: none">• Personal health• Populations, resources, and environments• Natural hazards• Risks and benefits• Science and technology in society	<ul style="list-style-type: none">• Personal and community health• Population growth• Natural resources• Environmental quality• Natural and human-induced hazards• Science and technology in local, national, and global challenges.

CDC – Healthy Behavior Outcomes

According to the Center for Disease Control and Prevention (CDC), an effective curriculum has clear health related goals and behavioral outcomes (HBO's) that are directly related to these goals.

The Elks have included the HBO's for Alcohol and Other Drug –Use (AOD) Prevention.

Healthy Behavior Outcomes for AOD

- HBO 1 – Avoid misuse and abuse of over-the-counter and prescription drugs
- HBO 2 – Avoid experimentation with alcohol and other drugs
- HBO 3 – Avoid the use of alcohol
- HBO 4 – Avoid the use of illegal drugs
- HBO 5 – Avoid driving while under the influence of alcohol and other drugs
- HBO 6 – Avoid riding in a motor vehicle with a driver who is under the influence
- HBO 7 – Quit using alcohol and other drugs if already using.
- HBO 8 – Support others to be alcohol and other drug-free


The Healthy Behavior Outcomes are broken down by grade level expectations.



LESSON PLANNING RESOURCES AND SUPPORT

So What Should I Include In My Lesson – in-person or online DVL?

The Elks have provided Lesson Planning Resources and Support for each Online Lesson topic.

 Lesson Planning Resources/Support		
Online Lesson	Resources/Support Materials	Standards
General Drug Information	<p>LEARNING CENTER – Choose an activity from the list to demonstrate an understanding of the lesson.</p> <p>Elks Drug Quiz Show Study Guide – General Information About Drugs</p> <p>ElksTeenZone Articles:</p> <ul style="list-style-type: none"> Not All Medicine is Good for You Drug Effects: Body and Mind Uppers and Downers Prescription Drugs What Makes a Drug Helpful vs. Harmful <p>ElksTeenZone Videos:</p> <ul style="list-style-type: none"> Try Facing Addiction Drug Awareness Make-up Transformation <p>Trivia Contest</p> <p>Crossword Puzzle – General Drug Information</p> <p>ElksKidsZone</p> <ul style="list-style-type: none"> Why Drugs are Bad How Can I Tell If My Child Is Using Drugs? 	<p>NHES – Standard 1</p> <p>Health Concepts –</p> <p>ATOD (AOD) HBO 1 - 8</p> <p>NSES – Standard 6</p>
Alcohol	<p>LEARNING CENTER – Choose an activity from the list to demonstrate an understanding of the lesson.</p> <p>ElksTeenZone Articles:</p> <ul style="list-style-type: none"> Over Glorifying Drinking: It Doesn't Make You Cool Dangers of Alcohol You've Been Asked To Try Alcohol: Don't Freak Out! Creative Ways to Say No to Alcohol <p>Elks Drug Quiz Show Study Guide – Alcohol</p> <p>Elks Drug Quiz Show Activity - Alcohol Education Baseball Activity</p> <p>Trivia Contest</p> <p>Crossword Puzzle – Alcohol</p>	<p>NHES – Standard 1</p> <p>NHES – Standard 7</p> <p>NHES – Standard 8</p> <p>ATOD HBO 2, 3, 5 - 8</p>
Alcohol (Continued)		

**All standards referenced have been adapted from the National Health Education Standards (NHES) and the National Science Education Standards (NSES) – *Science in Personal and Social Perspectives*. Additional concepts, skills, and healthy behavior outcomes have been adapted from the Centers for Disease Control and Prevention's Health Education Curriculum Analysis Tool (HECAT).

The Resources include:

- Online Lesson topics
- Resources and Materials
- Standards Alignment



PUTTING IT ALL TOGETHER

You Have What You Need...Let's Make It Happen!!

As you can see, the *ElksTeenZone* website contains a plethora of information.

In addition, you have many forms of support implementation

- Online training – videos that walk you through the process from registering online to creating lessons
- PowerPoint presentations to use when you need additional support.
 - *Navigating the ElksTeenZone Website*
 - *Lesson Planning for Beginners or Those Who Need A Review*
 - *And now....ElksTeenZone Resources and More*
- Electronic and Written Manuals (PDF)
 - *An Instructional Manual for the Creation of DAP Curriculum Lesson Plans*
 - *Additional Resources to Use in the Creation of DAP Curriculum Lesson Plans*

These are the available materials....Use them to promote our newest Drug Awareness Program – the ElksTeenZone!!

Questions???? Comments????

THANK YOU!!



Elks TeenZone