



NAVIGATING THE WEBSITE

The Benevolent and
Protective Order of Elks
Drug Awareness Program

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CHEA DAP Vice-Chairman

WELCOME TO THE ELKS TEEN ZONE



- The Elks are pleased to announce one of the newest additions to the Benevolent and Protective Order of Elks Drug Awareness Program projects.
- The Elks Teen Zone website is intended to pique the curiosity and interest of students beginning at or about the 5th grade level through high school.



WELCOME TO THE ELKS TEEN ZONE

- The Elks Teen Zone website contains current, accurate, age-appropriate drug abuse prevention information, as well as important “Life Skills” that young people need in order to be successful in today’s challenging world.
- The website contains:
 - Articles, videos, trivia games, contests, and online lessons.
 - In addition, for teachers, parents, and other adult group leaders, there is a lesson plan creator with resources to support the development of Distance Virtual Lesson plans.



ELKSTEENZONE.ORG THE LANDING PAGE

Once on the landing page, as a user you have many options.

Option 1 is to watch the featured video.



[Lesson Topics](#) [Videos](#) [Activities, Games & More](#) [Contests](#) [Articles](#) [Lesson Planner Login](#)

Option 2 - On this page the user can also navigate through available resources using the banner pictured above. By clicking on any of the titles, it will take the user to that subsection.

Option 3 – The user can also navigate items which are more applicable to him/her by clicking on the appropriate button:

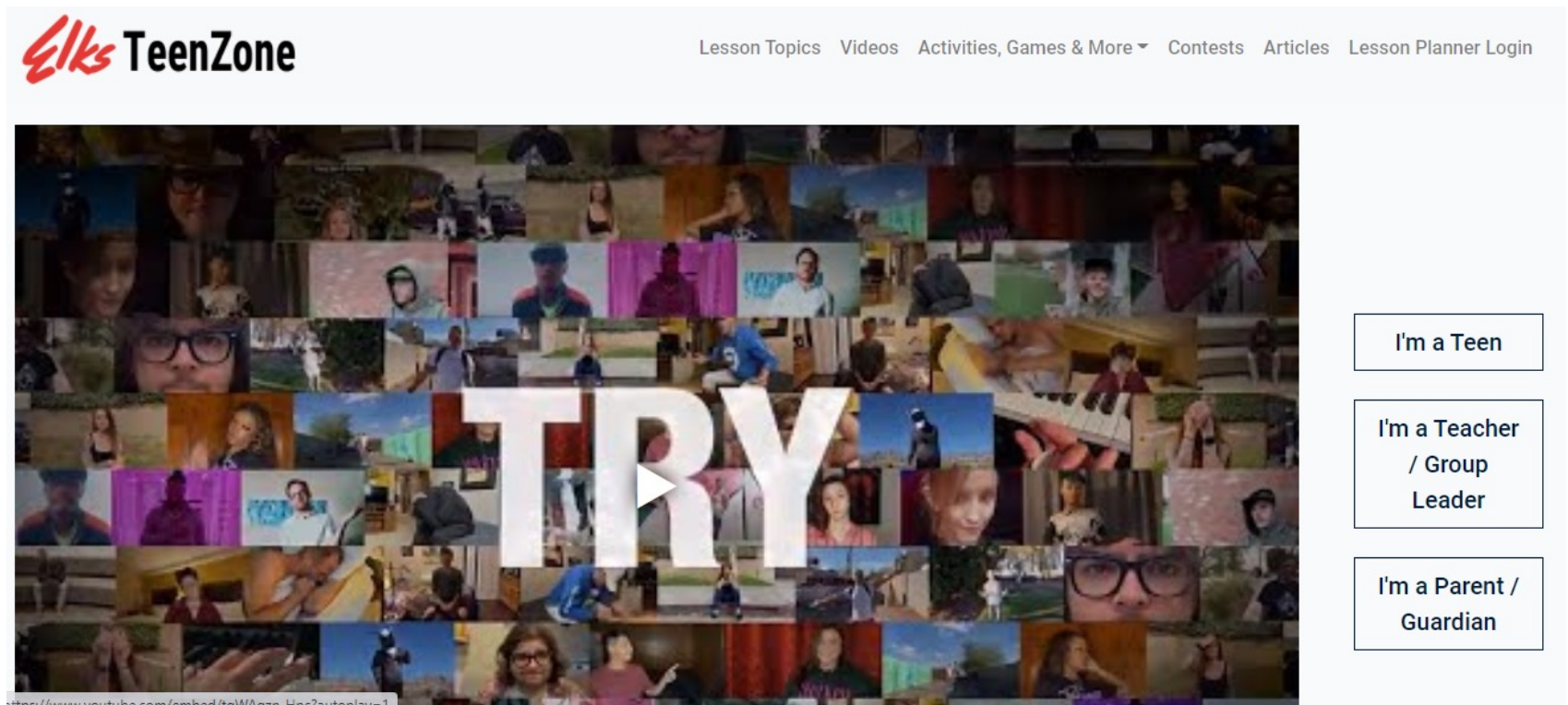
I'm a Teen

I'm a Teacher/
Group Leader

I'm a Parent/
Guardian

ELKSTEENZONE.ORG THE LANDING PAGE

Option 1



ELKSTEENZONE.ORG

THE LANDING PAGE

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ELKS TEEN ZONE – OPTION 2

LESSONS TOPICS

There are currently eight (8) Lesson topics which can be viewed. The topics include:

- Alcohol
- Bullying
- Decision Making
- Depressants
- General Drug Information
- Marijuana
- Stimulants
- Tobacco


Lessons



Alcohol

A psychoactive substance that produces a mood elevation, decreased anxiety, increased sociability, sedation, impairment of cognitive, memory, motor, and sensory function, and generalized depression of central nervous system function.


[VIEW LESSON](#)



Bullying


Bullying is unwanted, aggressive and hostile behavior. It often is associated with a real or perceived power imbalance.

[VIEW LESSON](#)



Decision Making

Is the cognitive thought process resulting in the act of choosing between two or



Depressants

Are drugs that are used as sedatives, seizure prevention, mental illness

These lesson topics can be read independently, or the student can have the lesson read to them using the speech capabilities of the lesson.

ELKS TEEN ZONE – OPTION 2 VIDEOS

There are currently twenty videos which can be viewed. The Videos include Elks Drug Awareness Video Contest Winners, the SMOSH Videos, and other pertinent videos.

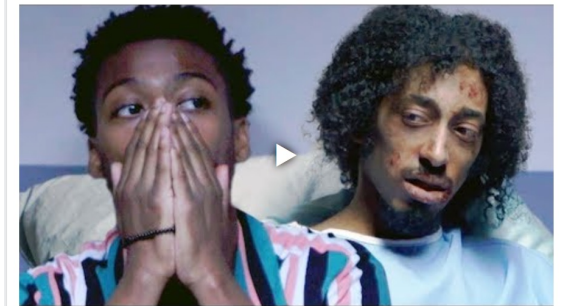
Drug Awareness Makeup Transformation



Life Does Not Rewind, Choose Life Not Drugs - Student Drug Awareness Video

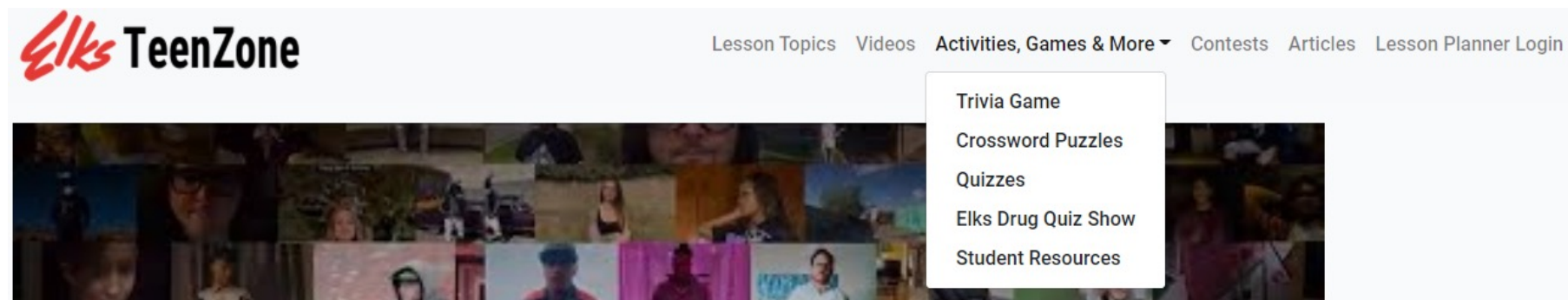


Facing Addiction



ELKS TEEN ZONE – OPTION 2

ACTIVITIES, GAMES, & MORE



Under the Activities, Games, and More Tab, there is a wide variety of additional items that enhance the Elks Teen Zone lessons.

- There are crossword puzzles which can be downloaded and/or completed electronically online.
- There are quizzes which can be taken at the end of a lesson to check for certain that a student has understood the concept which they have studying.
- There is a link to the **Elks Drug Quiz Show**.
- There is a link to Student Resources that can be found on our DEA partnering sites.
- There is even a Trivia Game that can be customized to topics being studied.

ELKS TEEN ZONE – OPTION 2

TRIVIA GAME



- Who doesn't enjoy the challenge of a "Jeopardy" style online game hosted by our own, Elroy the Elk?
- This Trivia Game can be customized to include the game topics which the student has been studying. The game can be played independently, one-on-one with a friend, or in a group setting.
- To get started, the student simply selects the game topics to include in the game. No two games will be the same.



ELKS TEEN ZONE – OPTION 2 **CONTESTS**

Every year in the fall, in conjunction with Red Ribbon Week, the Elks Drug Awareness Program offers three contests for students to demonstrate their commitment to a drug-free life.

- Poster Contest – Open to all 3rd, 4th, and 5th grade students.
- Essay Contest – Open to all 6th, 7th, and 8th grade students.
- Video Contest – Open to three age groups, Pre-high school, High School, and Post-Graduate. Participants may submit their videos individually or in groups.

Links to further information regarding these contests can be found under this section.

ELKS TEEN ZONE – OPTION 2

ARTICLES



[Lesson Topics](#) [Videos](#) [Activities, Games & More](#) [Contests](#) [Articles](#) [Lesson Planner Login](#)

Articles

[All Topics](#) [Alcohol](#) [Awareness](#) [Bullying](#) [Conflict Resolution](#) [Cyber Safety](#) [Decision Making](#) [Depressants](#) [Eating Healthy & Exercising](#)
[Education](#) [Feelings](#) [General Drug Information](#) [Grief](#) [Hallucinogens](#) [Marijuana](#) [Self Esteem](#) [Stimulants](#) [Stress](#) [Success](#) [Tobacco](#)
[Vaping](#)



Do you need information on a topic related to Drug Awareness or a Healthy Lifestyle? Then this is the section for you! Just type in your topic in the search articles bar and wait for the articles to appear. It's a great resource for students, parents, guardians, and adults.



ELKSTEENZONE.ORG THE LANDING PAGE

Once on the landing page, as a user you have many options.
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LESSONS VIDEOS TRIVIA GAME ACTIVITIES, GAMES & MORE ▾ CONTESTS ARTICLES

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I'm a Teen

I'm a Teacher/
Group Leader

I'm a Parent/
Guardian



I'M A TEEN

When a user clicks on this button, the student is taken directly to the Videos Section.



Videos

[All Topics](#) [Awareness](#) [Marijuana](#) [Stories](#) [Vaping](#)

There are over 20 videos, including the Elks “Smosh” videos for teens to view. This section is constantly evolving as new content is added.

Featured below is the 2018 Elks Drug Awareness Video winner. This video can be found in the Video Section.

2018 Drug Awareness High School Student Video Winner



I'M A PARENT/ GUARDIAN

Parents, guardians, and group leaders often have concerns regarding addictions.

When the parent clicks the "I'm A Parent/Guardian" button, they are taken to a page which will assist them in identifying factors related to this concern.

From this page, they can navigate through the rest of the website using the banner section at the top of the page. (See Below)

What is Drug Addiction?

Addiction is a chronic disease characterized by drug seeking and use that is compulsive, or difficult to control, despite harmful consequences. The initial decision to take drugs is voluntary for most people, but repeated drug use can lead to brain changes that challenge an addicted person's self-control and interfere with their ability to resist intense urges to take drugs.



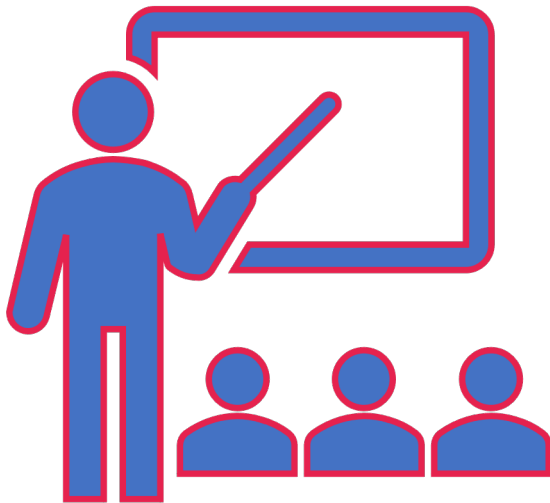
What is Drug Abuse Awareness?

Drug abuse awareness is an understanding of what exactly substance abuse is, what substance abuse does, what the risks are, how substance abuse can lead to the development of an addiction, how to recognize warning signs of addiction, what kinds of consequences addiction can have, and what to do and how to help if a friend or a family member has an addiction.

Learning to Create Virtual Distance Learning Lesson Plans

**I'm a Teacher/
Group Leader**

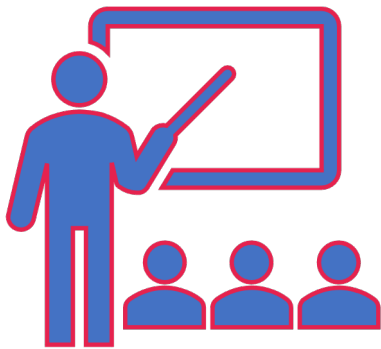
One of the powerful components of the Elks Teen Zone is the ability to utilize the resources available on this website to create Distant Virtual Learning lessons which can be shared with students.



When a teacher clicks on the “I am a Teacher/Group Leader” button, they are taken to a page that includes instructions on how to create lesson plans. Step-by-step instructions are provided through videos and/or the available PDF **Lesson Plan Creator Instruction Manual**.

A **Resource Section** containing a Standards Alignment is also available.

Learning to Create Virtual Distance Learning Lesson Plans



For those who wish to create DVL lesson plans, this is also the page where you will register.

Everything is FREE!

Elks TeenZone Lesson Topics Videos Activities, Games & More ▾ Contests Articles Lesson Planner Login

Already Registered?
Login Here

About Elks TeenZone Lessons - Virtual Distance Learning

Overview

- How To Register
- Creating A Lesson
- Editing & Monitoring Lessons
- Student Lesson Plan View

REGISTER FOR FREE

Introduction To Elks TeenZone Lessons Click the play button to start lesson audio

GENERAL INFORMATION ABOUT DRUGS

Dear Dr. DQ,

If drugs are bad for people,
how come some drugs are sold in stores?


Signed: Don't Understand

Watch on YouTube

Dear Don't Understand,

NEED ADDITIONAL HELP?

Check out our [Instruction manual](#) or [download](#) a copy the [PDF version](#)
Be sure to review our [Additional Resources](#) to support lesson planning.



Elks TeenZone

ELKSTEENZONE.ORG



- ❖ The information found on the Elks Teen Zone website is intended to promote healthy life-styles through sound decision making practices.
- ❖ The Elks Teen Zone is a constantly evolving website and the Elks have plans for completing at least another 10-11 online lessons.
- ❖ By exploring our online information, participants will understand and apply this information on how specific drugs can affect the brain and body, possibly causing lasting physical or mental problems, including addiction. They will also learn how an individual's drug abuse can affect friends and family and have a lasting effect on their future.

- Elks invest in their communities through programs that help children grow up healthy and drug-free, by undertaking projects that address unmet need, and by honoring the service and sacrifice of our Veterans.
- If, after you have visited our website, you would like to contact someone from the Elks Teen Zone Drug Awareness Program, please leave you comments in our "Contact Us" section at the bottom of each webpage.





ARE THERE ANY QUESTIONS OR COMMENTS?

THANK YOU.