

Lesson Planning

for Beginners or Those Who Need A Review



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BENEVOLENT & PROTECTIVE ORDER OF ELKS

ELKS DRUG AWARENESS PROGRAM



- The Elks invite you to visit the Elks Teen Zone website. This website is intended for preteens and teens beginning at or about the age of 10 through high school.
- The website contains current accurate, age-appropriate drug abuse prevention information, as well as important “Life Skills” that young people need in order to be successful in today’s challenging world.
- The website includes on-line standards-based lesson topics , articles, videos, trivia games, contests and other resources.
- The information on the website can be used independently or can be incorporated into Distance Virtual Learning on-line lesson plans.

The Elks Teen Zone Lessons

These lessons are intended to promote healthy life-styles through sound decision making practices. By completing the online lessons, students will understand how specific drugs can affect the brain and body, possibly causing lasting physical or mental problems, including addiction. Students will also learn how an individual's drug abuse can affect friends and family and have a lasting effect on their future.



Topic of Lessons

Currently there are eight (8) lesson topics which have been developed and are available.

- General Drug Information
- Decision Making
- Alcohol
- Marijuana
- Tobacco
- Bullying
- Stimulants
- Depressants.

The ElksTeenZone is constantly evolving. There are plans to add at least 9-10 online lesson topics.

Learning to Create Distance Virtual Learning Lesson Plans

One of the **powerful** components of the ElksTeenZone is the ability to utilize the resources available on this website to create lesson plans – including Distant Virtual Learning lesson plans which can be shared with students.

When a teacher, group leader, or other adult clicks on the “I am a Teacher” button, they are taken to a page that includes instructions on how to create lesson plans. Step-by-step instructions are provided through videos and/or the available PDF Lesson Plan Creator Instruction Manual.

A Resource Section containing a National Health/Science Standards Alignment is also available.



So...

Why Do I Want to Create a Lesson Plan?



What Is a Lesson Plan?

A lesson plan is an instructor's road map for what students need to learn, how it will be taught, and how learning will be measured.

Lesson plans help instructors be more effective in their lesson delivery.

This ensures every bit of time devoted to the lesson is spent teaching, learning, and/or reviewing concepts with predictable outcomes — not figuring it out on the fly!



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Types of Lesson Plans

To begin with, there are basically 3 types of lesson plans.



For the purposes of this presentation, we will be dealing with the Subject Lesson Plan which will fit into the Daily Schedule of expectations.

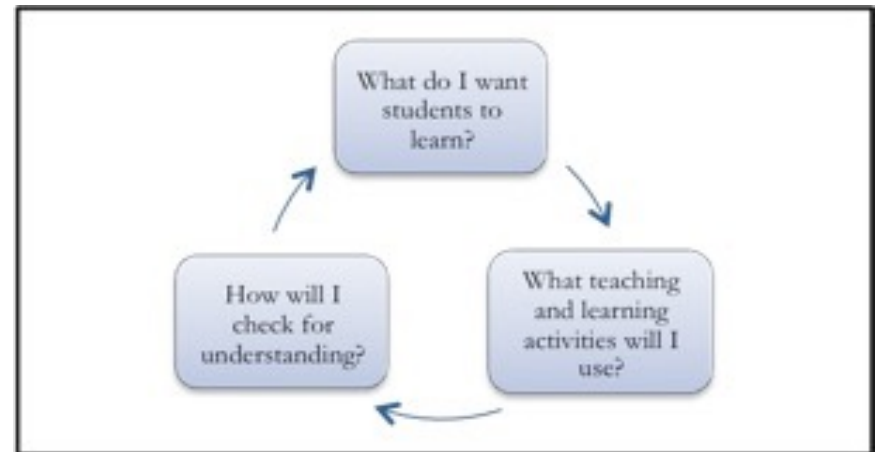
Why Create a Lesson Plan?—

The Lesson Topics are already available and accessible to students.

Teachers, group leaders and other adults can customize the learning to meet the unique needs of individual students.

In planning a lesson, the adult must first determine an objective for the lesson.

Ask yourself the question: *What do I want the student to be able to do as a result of participating in this lesson?*



Why Create a Lesson Plan?— Constructing the Objective

For each objective, it's important to start with an action that relates to what students should be able to do after the lesson.

Depending on what topic you're teaching and the level of knowledge your students have, these actions will vary.

For example, when teaching brand new concepts, you may define actions like *define*, *identify*, *explain*, and *determine*.

However, if your lesson involves more advanced tasks, the objectives may include actions like *create*, *use*, *perform*, or *measure*.

Remember the purpose for the lesson determines the outcome.



S.M.A.R.T. Objectives

Any objective must be a S.M.A.R.T. objective

S – Specific

M – Measurable

A – Achievable

R – Realistic

T – Timebound.





Related Requirements When Planning the Objective.

Related requirements are [national, state, or school standards](#) that dictate what need to be taught to students.

The Elks have included additional resources which show the alignment to the national Health and Science Standards. In addition, suggestions for meeting the Health Behavior Outcomes (HBO) are listed in the appendix.

Every lesson you develop should help you meet those requirements. Listing them in your lesson plans helps satisfy those requirements while focusing on the end goal for your students!

On top of that, some administrators require teachers to distinctly show how they will teach course standards in each lesson. If you put them on your lesson plans, you've got a quick reference to prove you're on the ball!

Laying out each lesson plan according to your requirements can be tedious work, but it will ultimately help you stay organized and aligned with what you're supposed to teach!

Lesson Procedure

Your lesson procedure is an in-depth explanation of how the lesson will progress in the classroom.

The lesson procedure is essentially step-by-step instructions that walk you through everything from the time students begin the on-line lesson until completion.

It's smart to be very detailed in this portion of your lesson plan.

When writing your lesson procedure, you need to choose the type of activities that will help students meet the lesson objectives.

A good rule of thumb is --- Always think in “3’s”.



Lesson Procedure - Assessment

The assessment method measures whether your students learned a lesson's information and met your lesson objectives.

What is it that you want the students to be able to do as a result of completing the lesson?

The assessment method can be built into your objective.

Types of Performance-Based Assessments

- Teacher Observations
- Peer Observations
- Self-Observations
- Game Play & Modified Game Play
- Role Plays
- Event Tasks
- Open Response Questions
- Essays
- Journals
- Student Projects
- Student Performances
- Student Logs
- Portfolios

Applying this Knowledge Using the On-line Lesson Creator



Step 1 – Give the DVL Lesson a Name.

Step 2 – Select the online lesson topic you want to include in your lesson plan – i.e. General Drug Information.

Step 3 – Write your S.M.A.R.T. Objective – This is the knowledge, skills, or attitudes to be gained.

Lesson Plan Name *

Mr. Smith's Classroom – General Drug Information

Lessons To Include: *

Select all lessons you want to include in this lesson plan. You can select 1 or all of them! We recommend only including enough for one session, and create additional lesson plans as needed.

<input type="checkbox"/> Alcohol	<input type="checkbox"/> Bullying
<input type="checkbox"/> Decision Making	<input checked="" type="checkbox"/> General Drug Info
<input type="checkbox"/> Marijuana	<input type="checkbox"/> Tobacco

Objective

Content Area: ATOD (Alcohol) Tobacco and Other Drugs) - Drugs - Accessing Valid Information.
After viewing the online lesson "General Drug Information", students will write and report on 5 to 10 facts/findings that they learned.

Applying this Knowledge Using the Lesson Creator



Once the objective has been written:

- 1) Write the Student Instructions
 - The Instructions will tell the students what they are to do.
 - Performance expectations for students will be included.

Student Instructions

Brief Introduction & instructions to students. This will be visible at the top of the page. (You can edit this at any time)

Welcome students to the lesson on General Drug Information. To complete this lesson, make sure to do these activities:

- 1) Read and/or listen to the lesson on General Drug Information.
- 2) On a separate piece of paper, write down 5 to 10 facts that you learned as a result of reading/or listening to this lesson. Be ready to share these facts at our next online zoom classroom meeting.
- 3) For extra credit: Read and summarize one of the General Drug Information articles found on the Elks Teen Zone website.

Applying this Knowledge Using the Lesson Creator



A Sharable lesson link will be automatically developed. This link will be found in the box below the student instructions.

The link should reflect the lesson title. It will have no spaces between words, capital letters or punctuation. There will be hyphens between the words.

Sharable Lesson Plan Link

<https://lessons-dev.elksteenzone.org/lesson-plan/sample-lesson-plan>

Share this personalized link with your students. Once a student has started their lesson, you can refresh this page or come back and visit to view more information on student progress.

Don't forget to save your work –Click the “Save your Lesson Plan” button on the bottom of the page.



Applying this Knowledge Using the Lesson Creator

Congratulations!!

You are now ready to share your lesson plan
with your intended audience!



To share the link, simply copy the link and
send to your intended audience.

Accountability



The ElksTeenZone Lesson Plan Creator allows the teacher, group leader and/or other adult to monitor the usage of the lesson which has been created.

At the top of the screen, click on the black “Options” button. Choose “View Lesson Plan Dashboard” from the Drop-Down Menu.

The following screen will appear:

A) The Sharable Lesson Plan Link

B) An Overview of the Lesson Plan Details

C) A Listing of the Students who have Participated in the online lesson that you created.



Accountability



Mr. Smith's lesson - General Drug Information

Sharable Lesson Plan Link

<https://lessons.elksteenzone.org/lesson-plan/mr-smiths-lesson-general-drug-information>

Lesson Plan Details

Objective

Content Area: ATOD (Alcohol, Tobacco and Other Drugs) - Drugs - Accessing Valid Information.
After viewing the online lesson "General Drug Information", students will write and report on 5 to 10 facts/findings that they learned.

Student Instructions

Welcome students to the lesson on General Drug Information. To complete this lesson, make sure to do these activities:

- 1) Read and/or listen to the lesson on General Drug Information.
- 2) On a separate piece of paper, write down 5 to 10 facts that you learned as a result of reading/or listening to this lesson. Be ready to share these facts at our next online zoom classroom meeting.

3 Students

Donna McEntire

11% Complete

Katharine La Corte

100% Complete

Johnny Doe

0% Complete







On the right-hand side of the screen, you can see a breakdown of data progress for each student.

A teacher can monitor the time spent on the completion of the lesson.

Accountability

Included Lessons

- General Drug Info

Person	Progress	Time Spent (minutes:seconds)	Options
Donna McEntire	General Drug Info <div><div></div></div>	13 seconds	 
Katharine La Corte	General Drug Info <div><div></div></div>	54 seconds	 
Johnny Doe	General Drug Info <div><div></div></div>	0 seconds	 

By clicking on the blue button, you will get a more in-depth breakdown of the time spent on the lesson. This data can help determine the student’s attentiveness to the lesson.



As you can see, the time spent by students varies.

Donna McEntire's Progress Report

Total Time Spent: 13 seconds

General Drug Info

Lesson Page	Time Spent	Audio Length (time it takes for an adult to speak the page)
Introduction	13 Seconds	1 minutes, 29 seconds
Exactly, What Is A Drug?	none	2 minutes, 5 seconds
How Are Drugs Made?	none	1 minutes, 45 seconds
How Drugs Affect The Body	none	1 minutes, 48 seconds
How Can I Tell If Someone Is Having Problems With Drugs?	none	1 minutes, 37 seconds

In Conclusion....



The Elks have a commitment to provide only the best research-based, standards aligned information for incorporation into their ElksTeenZone website.

The objective of this power point presentation was to inform the lay person, along with the experienced educator, with the knowledge and tools necessary to create S.M.A.R.T. lessons for use in the classroom or in other settings.

By using the lesson topics, articles, videos, and resources, along with the power of the ElksTeenZone Lesson Plan Creator, our students will be able to participate in powerful learning experiences.

In Conclusion....

The Elks have established a working relationship with many community agencies, schools and school districts, and the Drug Enforcement Administration.

In fact, the Elks are the “Boots on the Ground” for our Elks Drug Awareness Program and the DEA. It’s our job to get the word out!

If you need other resources and/or information, please reach out and contact us.



Thank you for your attention.

Questions?/Comments?/Next Steps.

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